

**Discussion of**  
**“Unlocking Mortgage Lock-In:**  
**Evidence From A Spatial Housing Model”**  
**by Fonseca, Liu & Mabile**

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NBER Economic Growth and Fluctuations Program Meeting

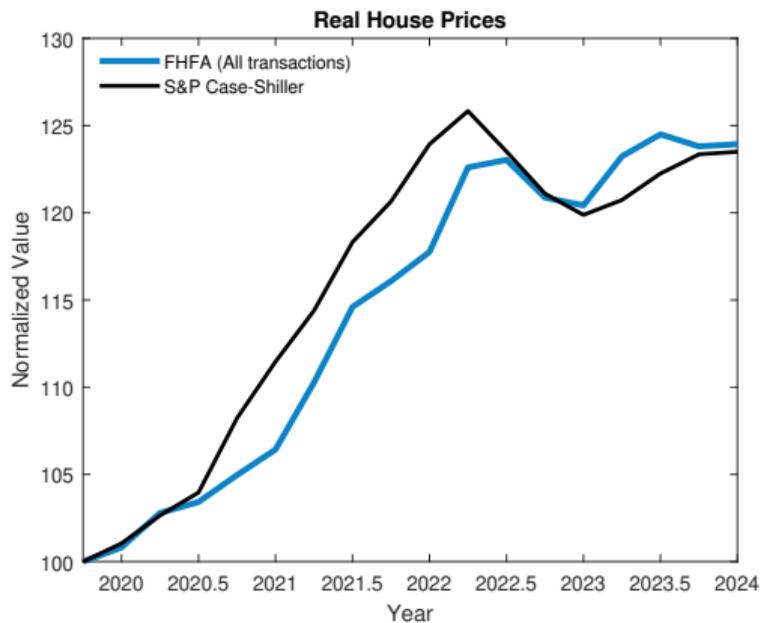
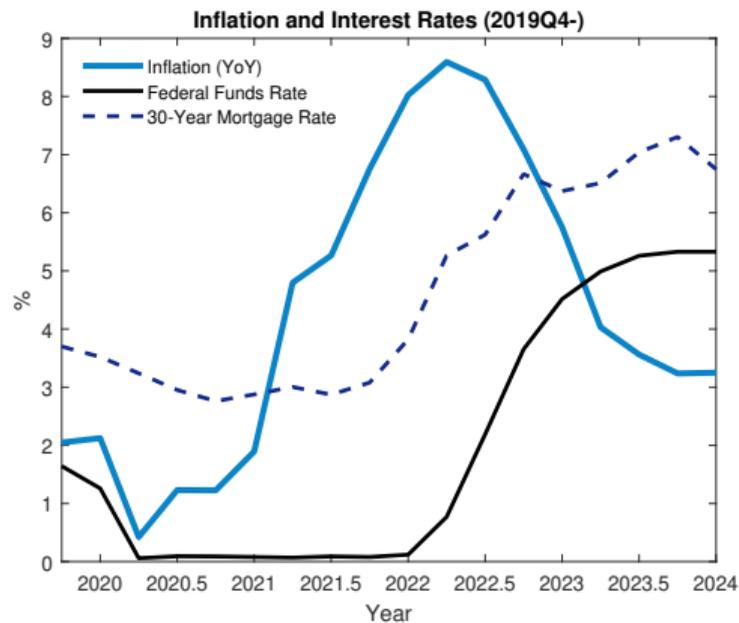
October 24, 2025

## Discussion roadmap

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1. Motivation and overview of the paper
2. Comment(s)
3. Conclusion

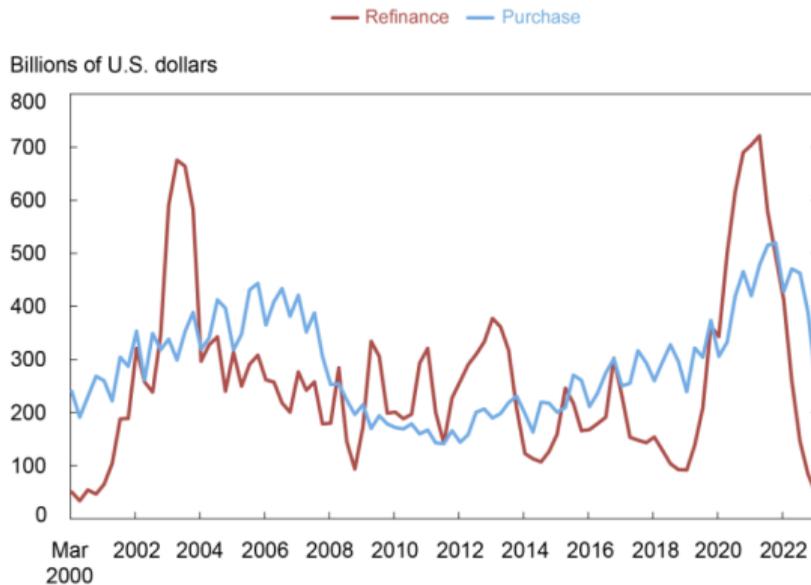
## Unprecedented interest rate ( $r$ ) and inflation ( $\pi$ ) swings since 2020.



- Shifting Fed policy stance and beliefs about inflation persistence.
- House prices skyrocketed in 2020 and 2021, but have since softened.

# Historically low mortgage rates led to wave of refinancing

Mortgage origination volume by purpose

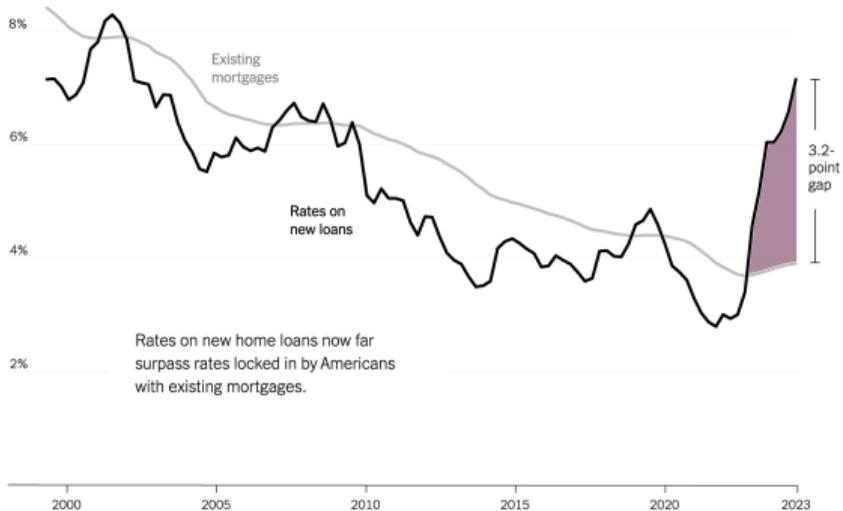


Source: New York Fed Consumer Credit Panel / Equifax.

- Huge wave of refinancing when mortgage rates fell.
- Significant increase in new purchases too.

# First time in 30 years majority of mortgagors have negative gaps

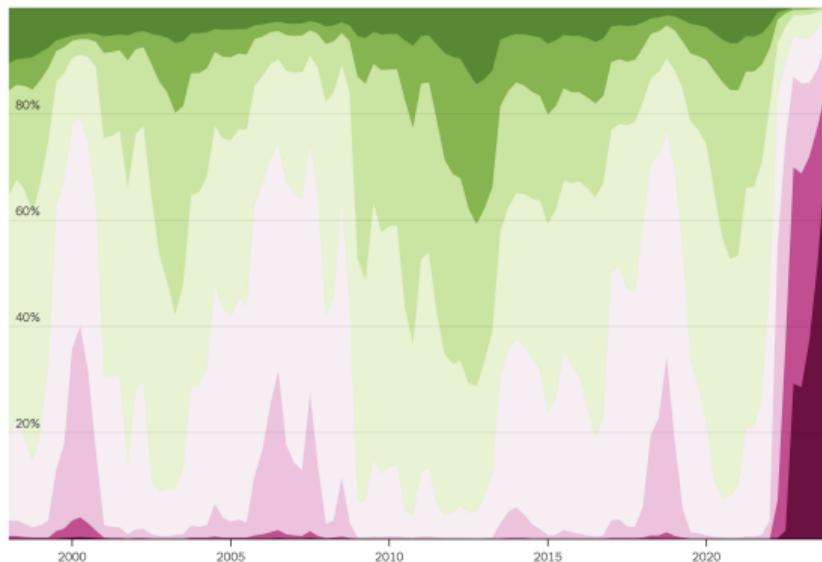
### Average fixed mortgage rates



### Share of existing mortgages with rates below or above new market rates

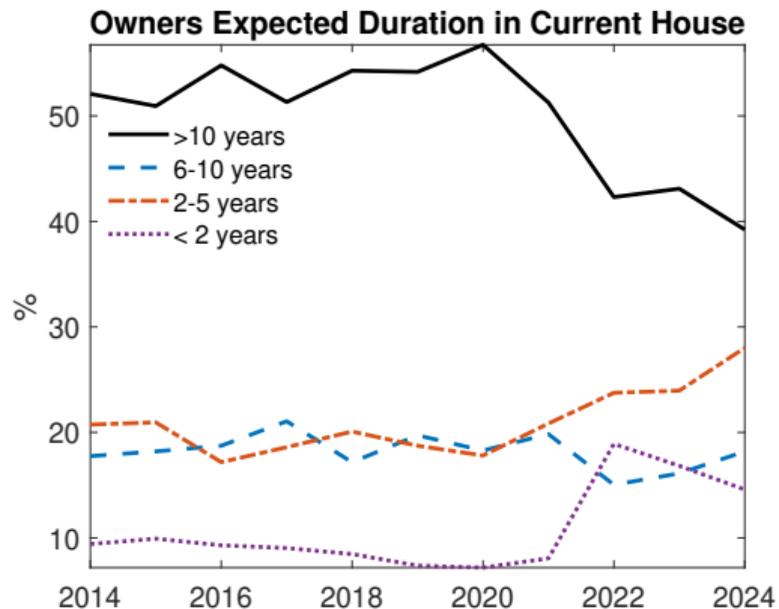
Percentage point difference from rates on new mortgages

BELOW ABOVE  
-3 -2 -1 0 +1 +2 +3



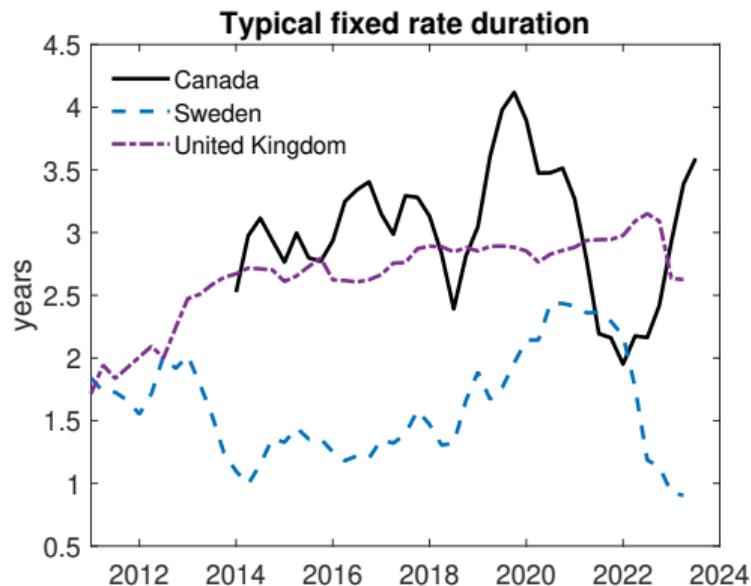
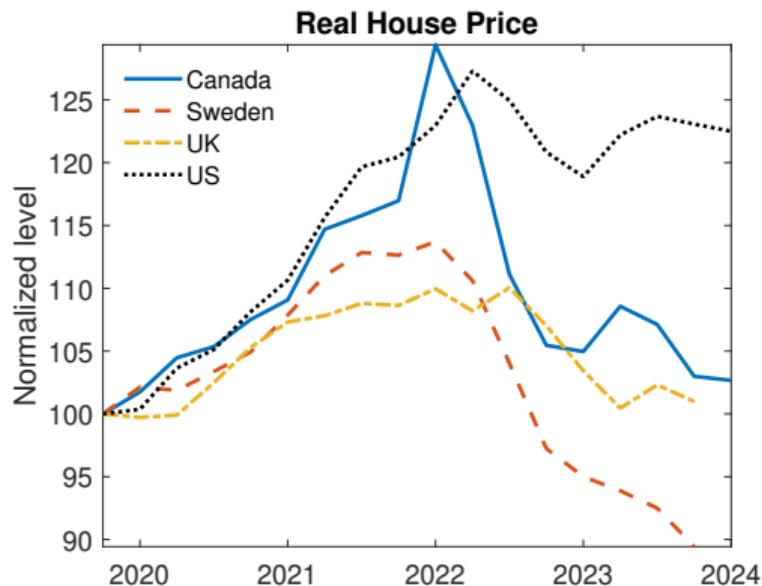
- Rates have been falling over time usually existing mortgages higher rate than prevailing.
- By 2023 more than half of mortgagors have rates more than 3pp below current rates .

## Evidence on lock-in from household expectations?



- NY Fed Survey of Consumer Expectations asks expected duration in current house.
- Big shift to shorter durations after COVID.

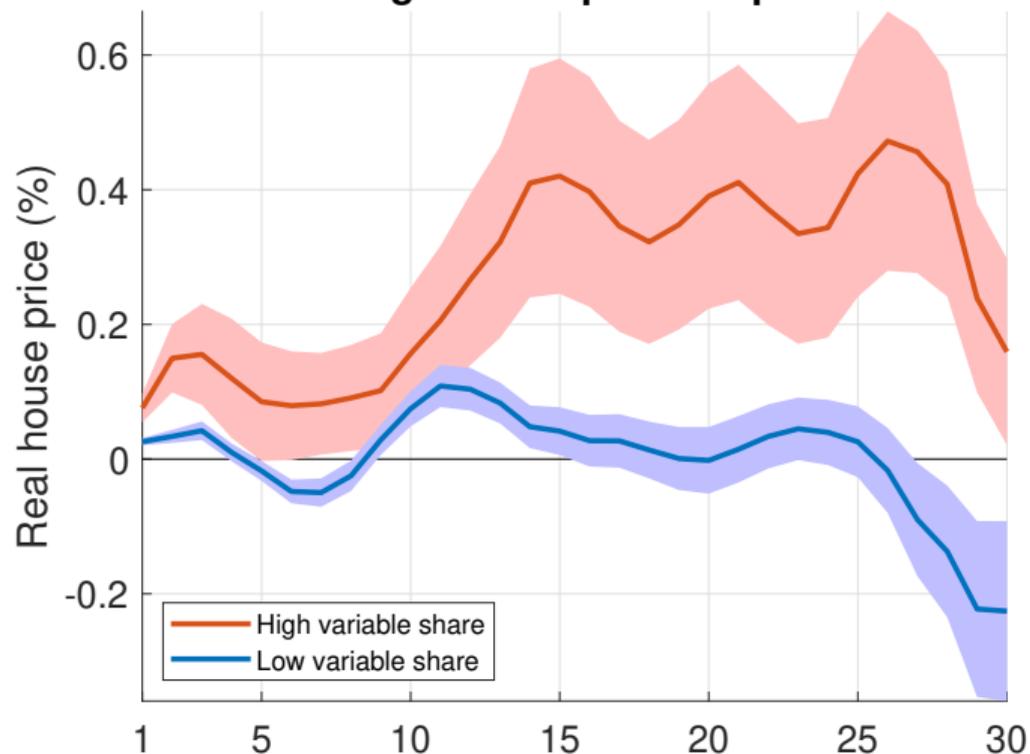
## Can FRMs and lock-in explain the resilience in U.S. house prices?



- Divergent experience in house price growth and decline across countries.
- 30-year fixed rate for ~95% of mortgages in US vs 1–3.5 years for Canada, United Kingdom and Sweden.

## House prices respond more to MP shocks when variable mortgage share high

**Average house price response**



(Hedlund, Larkin, Mitman, & Ozkan 2025)

- FRM vs ARM many effects, e.g. cash flows.
- How much can we attribute to lock-in?
- Would be useful to know:
  - Who is locked in?
  - And why?

## Their paper in a nutshell

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- Fonseca & Liu (2024) meets Mabilie (2023)
- Empirical analysis following Fonseca & Liu (2024) showing:
  - Interest rate gaps reduce moves
  - Interest rate gaps lead to higher house prices
  - Missing downsizers from trade-up homes in high price areas

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- Very nice paper on a hot and topical question...
- ...but I have some thoughts

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- Policy experiment carefully done, but they could be more ambitious
- More work on #1 and #2 would help guide reasoned work on #3.
- Now: I'll use a simple model to try to understand who is locked in and why.
- This is important both for the answers to positive and normative questions.

## A simple model of housing lock-in

- Consider a simple model of housing in steady state
- Households have preferences over consumption  $c$ , housing services  $h$  and bequests  $b$ , given by

$$\log f(c_0, h_0) + \beta \log f(c_1, h_1) + \beta^2 \log(b)$$

where  $f$  is  $C^2$  and CRS.

- Start with initial wealth  $w$ , and have stochastic income  $y_1$  in the first period.
- Can borrow with a mortgage  $m$  at gross rate  $R$ .
- We can write the budget constraints as:

$$c_0 + p_h h_0 - m_0 = w$$

$$c_1 + p_h h_1 - m_1 = y_1 + p_h h_0 - R m_0$$

$$b = p_h h_1 - R m_1$$

## Characterization of intratemporal choices

- Substituting the mortgage across time periods, you derive the user cost of housing

$$\left(1 - \frac{1}{R}\right) p_h \approx r p_h$$

where  $R = 1 + r$ .

- With CES preferences and elasticity of substitution  $\omega$ ,

$$f(c, h) = \left( \omega^{\frac{1}{\sigma}} h^{\frac{\sigma-1}{\sigma}} + (1 - \omega)^{\frac{1}{\sigma}} c^{\frac{\sigma-1}{\sigma}} \right)^{\frac{\sigma}{\sigma-1}} \quad (1)$$

intraproduct optimality implies:

$$\frac{r p_h h}{c} = \frac{\omega}{1 - \omega} (r p_h)^{1 - \sigma} . \quad (2)$$

## Characterization of consumption & housing demand

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- For a given level of expenditure  $E = c + rp_h h$ ,

$$c = \frac{E}{1 + \frac{\omega}{1-\omega} (rp_h)^{1-\sigma}} \quad h = \frac{E}{\frac{\omega-1}{\omega} (rp_h)^\sigma + rp_h}$$

- In steady state this gives policy functions  $c_0^*, c_1^*(y_1), h_0^*, h_1^*(y_1)$ .
- $dh/dr < 0$ , and if consumption and housing are complements, then  $dc/dr < 0$
- If interest rates increase, housing demand necessarily decreases

## Characterization of period 1 intertemporal choice

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- Households enter period with home equity  $a_1 = p_h h_0 - Rm_0$ ,
- Households optimally save a share  $s_1^* = \frac{\beta}{1+\beta}$  (given log, independent of  $R$ ).
- Optimal expenditure in period 1 is  $(1 - s_1^*)(a_1 + y_1)$ , expenditure shares from the intratemporal problem.
- $\exists$  threshold  $y_1^*$  s.t.  $y_1 > y_1^*$  means upsizing  $h_1^*(y_1) > h_0^*$  (and vice versa)
- The change in housing demand  $h_1^*(y_1) - h_0^* = (1 - s_1^*)(y_1 - y_1^*)(1 - \omega)/(rp_h)$
- If  $y_1 \sim F$ , then  $F(y_1^*)$  is the probability that a household downsizes.
- Lock-in is about the change in that probability when  $r$  changes unexpectedly.

## Lock-in experiment

- Household wakes up in period 1 and there's an unexpected change in  $\tilde{r} > r$ .
- Household has two options:
  1. Re-optimize  $\tilde{h}_1(y_1), \tilde{m}_1(y_1)$  taking into account the new higher interest rate  $\tilde{r}$ , or
  2. Keep the current house  $h_1 = h_0^*$ , and mortgage  $m_1 \leq m_0^*$  at interest rate  $r$ .
- In case 1, expenditure unchanged relative to no-shock case, but  $\tilde{h}_1(y_1) < h_1^*(y_1)$
- In case 2, can re-optimize  $c_1(y_1)$ , but  $h_1 = h_0$ , now  $s_1$  may change .
- Household “locked-in” if

$$U(c_1, h_0) + \beta \log(a_1 + y_1 - c_1 - rp_h h_0) > U(\tilde{c}_1, \tilde{h}_1) + \beta \log(a_1 + y_1 - \tilde{c}_1 - \tilde{r} p_h \tilde{h}_1)$$

## Lock-in characterization

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- There exist thresholds  $y_1^L < y_1^H$  such that the household is locked in if and only if  $y_1 \in [y_1^L, y_1^H]$ .
- $F(y_1^*) - F(y_1^L)$  are “missing downsizers”,  $F(y_1^H) - F(y_1^*)$  are “missing upsizers”
- The lock-in interval  $[y_1^L, y_1^H]$  becomes wider (more lock-in) when:
  1. Rate shock increases:  $\tilde{r} - r$  larger
  2. Initial house larger:  $h_0^*$  larger
- Directly in line with their empirical findings .
- BUT: lock-in is asymmetric, there are no “missing movers” when the rate gap is positive.
  - True also in the data.
  - Using McDash-CRISM data coefficient of 0.238 (linear) vs 0.566 (asymmetric)!
- Lots of interesting economics that gets a bit lost in their model.

## Taking stock

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- Identified a group of households in the “wrong house.”
  - Relative to a world with portable mortgages
- Welfare costs are bounded, people with small loses are the ones that stay.
- Way to address those loses would be to make mortgages portable (e.g. in Sweden).
- But if we're in a second best world where we can't do that, what can or should we do?
- Option to move provides insurance (e.g. move to higher paying job).
  - lock-in reduces household ability to smooth consumption
  - may be a reason to provide insurance to households
- But there are no obvious externalities here that the government should correct.

## Main counterfactual picks up more than lock-in, misses path dependence

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- The way that they try to measure lock-in in the model is comparing FRM to ARM
  - That's a perfectly interesting and valid experiment to run (I do it in my paper!)
  - But it's going to include a host of other effects, it affects everyone, not just would-be movers
  - Then they could do a different counterfactual: assumable mortgages, or portable mortgages, or paying market value (as opposed to face) to isolate GE effect of lock-in

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  - Then they could do a different counterfactual: assumable mortgages, or portable mortgages, or paying market value (as opposed to face) to isolate GE effect of lock-in
- Doing the tightening experiment from steady state misses potential path dependence
  - Cut before the hike led to wave of refinancing and moves
  - Fixed costs of move/refi  $\Rightarrow$  people who just moved/refi-ed less likely to move regardless of hike.
  - In McDash-CRISM data controlling for length of ownership attenuates coefficient on rate gap.
  - Could easily model the 2020-2021 mortgage rate fall before the hike.

## What they could do in their model

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- Show us in steady state who moves and why (you have 40 EV shocks, hard to figure out)
- Then you could do some partial eqm experiments to show who gets locked-in
- Then allow for the full GE effects and see how it changes further
- Are people moving because of income shocks? retirement? taste shocks? .
- Which move-inducing shocks are more or less effected by changes in  $R$ ?

## Concluding thoughts

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- Thought-provoking and topical paper
- Sharp empirical analysis.
- Built an incredible laboratory to study lock-in and the housing ladder.
- I'm sure that they can realize the full potential in the next version of the paper.
- Looking forward to seeing what they do with it!